

## Educational Standards and Suggested Activities for Teachers

Issue 6

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Standards Spotlight: We Love Chocolate!

Mini Page activities meet many state and national educational standards. Each week we identify standards that relate to The Mini Page's content and offer activities that will help your students reach them.

## This week's standard:

- Students understand customs and traditions of their own culture. (Social Studies: Culture
- Students demonstrate an interest and appreciation for a variety of foods. (Nutrition)

## **Activities:**

- 1. Draw a picture of your favorite chocolate food or drink. Paste newspaper words that describe your favorite food/drink around your picture.
- 2. Survey friends and family members -- ask them what their favorite chocolate foods and drinks are. Make a list of the answers they give. What drink is liked by the most people? What food is the most favorite?
- 3. Create your own chocolate creation. Find at least three different food items in the newspaper that you could mix with chocolate to make a new chocolate dish or drink. Write the recipe for your creation.
- 4. How are these important in the history of chocolate: (a) Mayans, (b) Fry and Sons Inc., (c) cacao beans and (d) Italian chefs?
- 5. Design a menu for an all-chocolate restaurant. Make sure your menu includes cold chocolate dishes, cooked/baked chocolate dishes, chocolate desserts and chocolate drinks. Include at least two items for each group on your menu. Share your menu with friends. What restaurant offerings did they like the most?

Standards by Dr. Sherrye D. Garrett, Use the News Foundation.

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